



Meal Prep Terms and Conditions

- Meal Prep will provide clients with fresh meals over two collections/delivery per week for a minimum of a 4 week cycle, from your start date. The plan operates for 4 consecutive weeks from your start date.
- Meal Prep plans will commence on a Monday or Thursday and all collection must be made between 7am and 9pm on the respective day.
- Late meal prep collections cannot be exchanged or replaced; it is the client's responsibility to collect meal prep on the designated days. Any uncollected meal prep will be disposed of by Kettlebell Kitchen.
- All meals must be consumed within 72 hours from the appointed day of collection.
- It is your responsibility to ensure food is stored, handled and reheated correctly according to food safety regulations. Kettlebell Kitchen will not hold responsibility for after it has been collected or delivered.
- Renewal payments must be made a maximum of 3 days before your last collection/delivery.
- You are committed to 4 consecutive weeks, the plan is non-refundable or transferable.
- The meal prep coordinator will contact clients from as early as 1-week prior to meal prep expiry. A review of meal prep options and selections will take place 1 week before client's meal prep plan ends. Menu and plan prices may change and vary, at our discretion, at any time.
- Client to disclose any dietary requirements and/or allergies to meal prep coordinator upon sign up to meal prep and/or during every review.
- Once client's meal prep plan has started, the 4-week cycle must be completed. Meal plans cannot be paused during this 4-week cycle.
- Price will vary depending on the plan chosen.
- Meal prep cannot be extended for less than one 4 week cycle.
- Changes cannot be made to the plan – any meals you wish to skip due to dislikes or wish to cancel could mean doubling up on one of the existing meals.
- Any changes to Macro plans must be given to the Meal Prep Manager 1 week prior to next collection.
- Meal prep cannot be exchanged for a credit note/gift card and cannot be refunded.
- All meal prep enquiries must be sent to the meal prep manager via email mealprep@kettlebellkitchen.co.uk

Name:.....

Signed.....

Date:.....